

### DEEPEN YOUR PRACTICE

Candidates on the MCC application path must document at least 10 hours of Mentor Coaching on their application. Mentor Coaching hours submitted with an MCC credential application cannot be the same Mentor Coaching hours applied toward a previous application for the ACC or PCC. They are also required to partner with a Mentor Coach who holds a valid MCC credential.

The programme takes approximately 8–9–months to complete and is accredited with **18.5 Core Competency CCEs or 10 hours of Mentor Coaching plus 8.5 Core Competency CCEs** (which is an additional benefit of further CCEs for those credentialed coaches when renewing their credential).

"I've learned so much from this rigorous course. Namely, how to strip back and simplify my coaching—which is easier said than done. And how the very things that made me want obtain my MCC—my competitiveness, my drive, my ambition—are the things that I need to gently move aside in order to coach in a masterful way. It's been a wonderful mixture of learning and growth alongside some wonderful coaches."

- Lisa Quinn, Executive and Leadership Coach

### RECOMMENDED FOR:

# Coaches Working Toward their MCC Credential

This programme is recommended for coaches wishing to complete the Mentor Coaching element of their pathway toward an ICF MCC credential application.

### **Continuing Professional Development**

It is also recommended for coaches already holding their MCC credential as a form of meaningful Continuing Professional Development toward their credential renewal.





## **DEVELOPMENT TIMELINE**

For your own planning purposes, the approximate/minimum time for your investment in this programme and development process is outlined below. However, you are of course, very welcome to invest more time than this, if you would like to, and have the time available.

- Prework: 2 hours
- Group Sessions: 8 hours
- Inter-session Peer Group Work: 6-9 hours
- Inter-session Individual Work: 8-10.5 hours
- 1-1 Sessions (including your own preparation):
  6-8 hours

The overall timeline for this programme is approximately 8–9–months.

#### **Programme Content**

Our 10-hour Mentor Coaching programme focuses on:

- 1 Exploring what "Mastery" in Coaching means for you.
- 2 Developing your Coaching Skills.
- 3 Reviewing the 8 ICF Core Competencies in detail.
- 4 Reviewing the ICF Code of Ethics and Core Values.
- 5 Understanding how they relate to your coaching and your style of coaching.
- 6 Reviewing a minimum of 3 recorded coaching sessions.
- 7 Receiving feedback on strengths and development opportunities in service of your own best practice as a practitioner.

The end of the programme will result in you being able to provide our details as confirmation of your 10 completed mentor coaching hours at the point of your on–line credential application with ICF.

### INTERESTED? LEARN MORE!

For the upcoming programme dates, session fees and registration links, visit **tracysinclair.com/programmes/mcc-mentor-coaching-group** 



### WHY CHOOSE COACH ADVANCEMENT?

We are devoted to excellence in teaching, learning and developing coaches and leaders. We develop best-in-class professional coaches and leaders who can foster a better experience, workplace and society. Coach Advancement has been developing leaders around the world for more than 25 years. We support our international alumni community with a wide array of exclusive benefits including coaching clinics, coaching opportunities, discounts and so much more.

"Being part of the alumni community has brought opportunities I'd never imagined. ... it's a wonderful home for fellow coaches to feel they belong."

Gillian Gabriel

